



ST. ANTHONY
CONFIRMATION

Confirmation Works of Mercy Project Log

Online Form Must Be Completed by March 9, 2022

<https://www.stanthonyym.org/worksofmercy>

Candidates will choose 3 Corporal Works of Mercy and 3 Spiritual Works of Mercy, completing 6 Works of Mercy in total. Examples of how to enact each work of mercy are given on the following pages. You can use these examples or discover your own way to serve.

THE CORPORAL WORKS OF MERCY

The corporal works of mercy can be broken down into subcategories of “give,” “shelter,” and “spend time.” These three categories can help us understand them more effectively. We can look at how we enact each work of mercy in the world and in our home:

GIVE:

1. **Feed The Hungry:** “For I was hungry and you gave me food.” - Matthew 25:35

Go Out: Serve at a soup kitchen, organize a food drive at your parish, school or with family and friends, keep granola bars in your car to pass out to hungry people you encounter, Volunteer at STAOP Food Pantry or Montgomery Co. Food Bank.

At Home: Make lunch, dinner, or dessert for someone in need such as an elderly neighbor or relative, give your dessert to a sibling, skip a second helping so that someone else can have it.

2. **Give Drink To The Thirsty** – “I was thirsty and you gave me drink.” - Matthew 25:35

Go Out: Organize a water bottle drive, keep a case of water bottles in your car to give to thirsty people you encounter. Research organizations that help people who don’t have clean water to drink and find out how you can help.

At Home: Ask others if you can get them something to drink, especially guests, friends, mail carrier, Trash and Recycling workers, or a contractor working on your street. Make an effort not to waste water at home.

SHELTER:

3. **Clothe The Naked** – “(I was) naked and you clothed me.” - Matthew 25:36

Go Out: Donate clothing or hygiene items to your local shelter, offer to take old items from your school’s lost and found to a charity.

At Home: Share your clothes with your siblings, choose not to buy new clothes, instead donate that money to a Women’s or Men’s Shelter.



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4. **Shelter The Homeless** – “(I was) a stranger and you welcomed me.” - Matthew 25:35

Go Out: Assist a charity or organization like Habitat for Humanity in building or maintaining housing for those in need, serve at a homeless shelter. Collect or make blankets for children that live in shelters, donate money to the St. Vincent de Paul Society.

At Home: Welcome all guests, including the guests of your family members, help elderly neighbors with yard work or housework.

SPEND TIME:

5. **Visit And Ransom The Captive** – “(I was) in prison and you visited me.” - Matthew 25:36

Go Out: Serve with your parishes’ prison ministry, help supply those who visit prisons with devotional items like rosaries <https://www.staoptw.org/st-leonard-rosary-makers> or religious books. Make Cards and Notes of encouragement and hope for Prisoners.

At Home: Sit with someone at school who is socially isolated, befriend someone who has been judged or out casted for past actions. Spend time with a sibling or family member who is going through a hard time and is grounded, punished, or ignored.

6. **Visit The Sick** – “(I was) ill and you cared for me.” - Matthew 25:36

Go Out: Volunteer at a hospital or nursing home if COVID restrictions permit. Send games, cards and books to a nursing home.

At Home: Visit and make a meal for friends and family who are sick, spend time with friends and family who struggle with depression or another mental or physical disability.

7. **Bury The Dead** – “I performed many charitable works for my kinsmen and my people...If I saw one of my people who had died and been thrown outside the walls of Nineveh, I would bury him.” - Tobit 1:16

Go Out: Attend or volunteer as an altar server or musician at a funeral at your parish, assist financially with funeral costs of those in your community, write condolence cards for families of the deceased at your parish, visit a cemetery and pray for the eternal rest of the souls.

At Home: Help your family make food for the wake, spend time with widowed grandparents or family members and friends who have lost someone and are grieving.



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THE SPIRITUAL WORKS OF MERCY

The spiritual works of mercy can be broken down into subcategories of “**speak**,” “**listen**,” and “**interior**.” These three categories can help us understand them more effectively. We can look at how we enact each work of mercy in the world and in our home.

SPEAK:

1. **Instruct The Ignorant** – “In wisdom made perfect, instruct and admonish one another.” - Colossians 3:16

Go Out: Share the Gospel at school, in your Confirmation class, as a teen assistant, learn how to articulate the teachings of the Church.

At Home: Share what you learn about your faith with your family members and friends.

2. **Counsel The Doubtful** – “Blessed be the God and Father of our Lord Jesus Christ, the Father of compassion and God of all encouragement, who encourages us in our every affliction, so that we may be able to encourage those who are in any affliction with the encouragement with which we ourselves are encouraged by God.” - 2 Corinthians 1:3

Go Out: Be a source of encouragement on social media, on your sports teams and at school.

At Home: Schedule a time to talk with a friend who is struggling. Equip yourself with a better knowledge of Sacred Scripture that you can reference to encourage others.

3. **Admonish Sinners** – “Brothers, even if a person is caught in some transgression, you who are spiritual should correct that one in a gentle spirit.” Galatians 6:1 To admonish is to firmly warn or reprimand someone. This must be done with great love and concern for souls. The proper goal of admonishing a sinner is to lead to repentance, not to condemn or judge.

Go Out: Support organizations that promote and support the dignity of human life.

At Home: Speak up when your peers, family and friends talk about behaviors and actions that you know are wrong. Encourage options that don’t compromise your beliefs.



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LISTEN:

4. **Bear Wrongs Patiently** – “Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.” - Matthew 6:14

Go Out: Be persistent in speaking about and living your faith publicly, face-to-face and on Social Media even if you know there will be persecutions.

At Home: Endure insult and accusation with humility. Chose to refrain from defensive and aggressive responses especially on Social Media.

5. **Comfort The Afflicted** – “Rejoice with those who rejoice, weep with those who weep.” - Romans 12:15

Go Out: Pray for areas of strife and conflict in the world, especially among Christians. Encourage others to join you. Devote a weekly rosary or a Novena to this cause.

At Home: Be present to those struggling, especially with loss, rejection, and illness. Bring peace to those in need and pray with them.

INTERIOR:

6. **Forgive Wrongs Willingly** – “Forgive us our debts, as we forgive our debtors.” - Matthew 6:12

Go Out: Pray for those involved with corrupt organizations.

At Home: Forgive those who have wronged you, including those who have not asked for forgiveness. Be sure to express this forgiveness in prayer to God.

7. **Pray For The Living And The Dead** – “Thus he made atonement for the dead that they might be freed from this sin.” - 2 Maccabees 12:46

Go Out: Pray for all people, especially those who may not have anyone else to pray for them. Remember those who have died, whether or not you knew them, and ask for God’s mercy on their souls that they may enjoy the beauty of Heaven, pray for all the Souls in Purgatory.

At Home: Pray for the living and the dead, friends, and family members, including enemies, and those who are hard to love.

Submit your Works of Mercy online form by March 9, 2022. Click on this link:

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