



DRESS CODE, MODESTY & PROHIBITED ITEM GUIDELINES AND AGREEMENT

At St Anthony Youth Ministry we encourage all participants and adults to respect their own bodies and those of others. We require all participants and adults to adhere to our modesty and safety guidelines. Below are the rules for the sake of comfort, safety and modesty. We encourage all to act and dress in a way that upholds the dignity of the human person.

GUIDELINES FOR DRESS CODE and MODESTY

• **No Short Shorts.** Many activities at our programs involve bending, running, and sitting. If you place your hands at your sides, your shorts should be longer than where your fingertips end and must be visible from below your shirt. This applies to both men and women.

• **Concerning Appropriate Pants:** Please do not wear tights, leggings or any style of form-fitting work-out pants without having a long T-Shirt to cover your bottom. If you wear tighter pants, you must wear a shirt that covers your bottom.

• **Concerning Appropriate Shirts:** All tops must cover your chest, back, stomach and undergarments. Make sure your torso cannot be seen with your arms raised above your head. (No crop-tops, halter-tops, see-through shirts, super revealing shirts for men or women)

• **Appropriate swim wear.** Women can wear one piece bathing suits with shorts. If you only have a two-piece suit, you must wear a shirt and shorts. Men's swim attire are swim trunks and a shirt. Shorts and swim trunks should follow the no short shorts rule.

PROHIBITED ITEMS

If seen, all forms of technology will be taken during the program and returned at the end.

- Cell phones – During Trips & Events
- iPad/iPod/tablets, and computers.
- Ear Buds or Headphones
- Portable Gaming Devices

- Weapons of any kind (guns, sharp objects, lighters)
- Drugs of any kind (vape, smoke, alcohol, etc.)

AGREEMENT FOR PARTICIPANTS and VOLUNTEERS:

"I have read this document and agree not to break any of the guidelines stated at an event, trip or programing created or sponsored by St Anthony of Padua Catholic Church, The Woodlands, TX."

Participant First and Last Name

Parent/Guardian First and Last Name

Participant Signature and Date

Parent/Guardian Signature and Date
